



# Shri Mangal Mandir



Temple Hours	17110 New Hampshire Avenue, Silver Spring, MD 20905 301-421-0985/0986      www.mangalmandir.org	Aarti Hours
8:00 am – 12:00 noon		At 11:45 am
4:00 pm – 8:00 pm		At 7:00 pm



## Free Blood Draw & Health Fair



**Blood Draw: Nov 1<sup>st</sup> Saturday 2014, 7:30 AM to 11:30 AM.**

Services provided:

- **Blood test (Overnight Fasting after midnight except for water)**  
Cholesterol (Lipid profile), anemia (Iron level), Diabetes, Thyroid, Kidney Disease, Iron level, prostate cancer for males etc.

**Health Fair: Nov 15<sup>th</sup> Saturday 2014 8:30 AM to Noon.**

• **Consultation Advice**

**Internist, Cardiologist, Dentist, Ophthalmologist, Pain Management etc**

Blood Pressure Measurement	Height and Weight measurement	Vision Check
Eye Pressure (Glaucoma)	Gasto-intestinal Disorders	Female diseases
Hearing Test	Food and Nutrition	Skin Diseases
Bone Density	Kidney & prostate Specialist	Diabetes
Physical Therapist		

- **Flu Shot:** Limited Quantity of Flu Shot will be provided; charge for flu shot is \$10

*Pre-registration is highly recommended. Please fill out and submit the form online (preferred) or email to [shrimangalmandir@gmail.com](mailto:shrimangalmandir@gmail.com).*

(Registration Form is available at Mandir's website: <http://www.mangalmandir.org/>)

For more information, Please contact:

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