



A I C S

# Spring Health Expo 2015

## May 3rd, Sunday from 11:00 am to 3: pm



**Free Parking !**

AT  
801 Ellsworth  
Drive

Silver Spring Civic Center  
1, Veterans Plaza, Silver Spring downtown  
at corner of Fenton Street and Ellsworth Drive

10:00 am - 11:00 am:

Launching of Behavioral Health Program for Asians by  
Asian American Health Initiative (AAHI)  
Department of Health & Human Services  
Montgomery County, MD

**No  
Entrance  
Fee!**

### Health Care Services for Adults and Senior Citizens

❖ Blood Test - for better results come fasting. First come basis. Only \$10.00 instead of \$180 in Labs	❖ Pneumonia Vaccine - Senior Citizens will be screened and those at higher risk get a voucher. First come basis
❖ Awareness and Prevention of Lyme disease. Spring to Fall is the season to take preventive measures for both young and old	❖ Get your Bone Density checked & consult with a physician with your results right here
❖ Sign up for free cancer screenings	❖ Learn about Senior Citizen's physical safety methods
❖ Domestic violence and recourses available	❖ Abuse of Senior Citizens and available recourses
❖ Free Hepatitis B Screening. This is a killer disease - young adults need to talk to physicians at this event to know more about this disease	❖ Behavioral Health - Mental Health vs. Mental Illness - where can you help? Volunteer in this program
❖ Talk with a Nutritionist and get advice for adults & older adults	❖ Education Corner - presentation by Health Care professionals every hour on different health issues
❖ Free Dental Check and Dental Hygiene advice	❖ Sign up for Organ Donation and Bone Marrow Donation

This event is organized by a partnership of Asian Indians for Community Service, Inc. (AICS) & Asian American Health Initiative, Dept. of Health & Human Services, Montgomery County, MD. Visit: [www.aicscare.org](http://www.aicscare.org) and [www.aahiinfo.org](http://www.aahiinfo.org). For further information about the services and for Vendor registration, contact us at [www.aicscare@aicscare.org](mailto:www.aicscare@aicscare.org). A registration link will be sent.